

# MILLENNIAL DINNER GATHERING

## "UNDERSTANDING AND COPING WITH EXISTENTIAL ANXIETY IN AN INCREASING POLARIZED WORLD"



Facilitator: Dennis Donahue is a NYS Licensed MH Counselor and Retired Psychologist whose practice focuses on understanding the underlying factors that often pose problematic to our coping and relationship building. Learn about the latest research and advice for meaningful and stress free living.

**DATE AND TIME: Wednesday, October 11, 2017 at 6:30 PM**

**LOCATION: Knights of Columbus, 47 Market Street, Auburn, NY**

A light dinner will be provided free for those who reserve seating by October 9<sup>th</sup>. Seating capacity is limited for this gathering so interested folks should reserve seating well in advance of the RSVP date. Those wishing to buy drinks at the bar will need to provide a photo ID.



You can make your reservations by contacting Deacon Dennis Donahue via call or text at 315-406-1538 and providing the name(s) of participants & e-mail. **The program is focused on young adults ages 21 - 35 (or who still feels like 35).**

*(This series of planned dinner gatherings is made possible by the generous support of the Everest Foundation for Family Enrichment and the Knights of Columbus Council 207).*